

## What is an inner monologue?

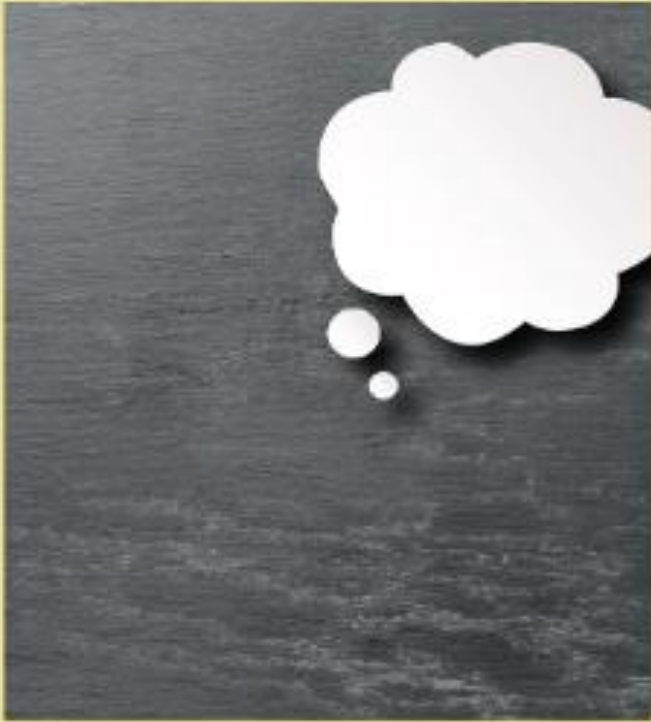
Have you ever had a conversation with yourself, one that took place inside your head? If so, you are one of many that have an **inner monologue**—or inner voice—that narrates your thoughts throughout the day.

## Why is it important to write an inner monologue for my character?

A lot of the time, when presented with a script, you're not given a character's biography. In most sketches there isn't a lot of background information given during the scene, you can make it up.

Writing an inner monologue for your character will help your memorising because you know more than just the lines, you know the person you are portraying.

Inner monologues are also a great habit to form so you're not tempted to mouth other actor's lines, they keep you focused on your character allowing you to get more in tune with your character's thoughts.



STARBRITE  
**STUDIOS**

School of Performing Arts

## PLAY WRITING EXERCISE - KS4

# SHORT INTERNAL MONOLOGUE

Being able to hear everything a character thinks and feels can really make a character's body language and facial expressions come alive.

Follow the exercise steps below to writing your own internal monologue.

Email your finished monologues to [info@starbritestudios.co.uk](mailto:info@starbritestudios.co.uk) to receive teacher feedback.



1. Place yourself in a busy shopping centre.
2. Think about an individual performing a mundane activity e.g. folding clothes in a store.
3. Come up with answers to the following questions.
  - Name & Age of your individual
  - Family Situation
  - Where do they live?
  - How do they live?
  - Significant relationship.
4. Write the inner monologue of this person. What are they really thinking about? Focus on inner thoughts that counter their outer persona. E.g. If they are calmly folding the clothes then focus on an opposing emotion for their inner thoughts.

**HAPPY WRITING!**